From The Principal

On Friday 6th March I accompanied Ms Teresa Bulmer and five of our female students to the International Women’s Day Breakfast at the Adelaide Convention Centre. Muslim researcher Susan Carland was the speaker. Addressing the International Women’s Day Breakfast, the Monash University PhD candidate spoke about the varied ways sexism is experienced by women from different backgrounds, including Muslim, gay, indigenous or disabled women.

We were seated at a table with teachers from Eynesbury Secondary College. They were lovely company and showed special interest in our young women and their studies. At the conclusion of the event the teachers presented us with a table prize they won in the breakfast raffle, which was a digital photography course with Rosey Boehm Camera House because they were so impressed with our students.

On Thursday and Friday last week the Findon High School Leadership Team joined other teams from the Inner West Partnership and participated in a professional development programme presented by Dr Anthony Muhammad, around the theme of Transforming School Culture.

Mr Steve Atsalas, Assistant Principal and I visited Kilkenny Primary School Governing Council AGM last week to promote the transformation our school has been undergoing over the last few years. This is part of an outreach and promotional program that has commenced this year and will continue to expand throughout the year. More details will follow in future newsletters.

In only three short weeks Sophi Galea, Nathan Gauci, Alex Gorecki, Jamie-Lee Lucas, Tamara McEnteggart-Larsen, Emily Pedersen, Rory Snow, parents Mark & Deb Pedersen, Bev Gorecki, Julie Keast and I will arrive in Singapore on the first leg of our very first Findon High School WW1 Commemorative Trip to France and Belgium. The students are “counting the sleeps” and are very excited about our project. There will be an Anzac Day Assembly to farewell our group at Findon High School on Wednesday 1st April at 10.00am. Parents and Community members are most welcome to attend. The students will be reading excerpts from the commemorations they have prepared to read at the graves of WW1 soldiers. You will be able to follow the students on their journey via a blog. Details will be available soon on our website.

“Attendance = Success”

We ask families to please call the Front Office, or write a note in your child’s diary if there is a legitimate reason for their absence.

International Women’s Day Breakfast

Mrs Burtenshaw along with Findon students Victoria, Sarah, Masuma, Rachel, Rikako and myself attended the International Women’s Day Breakfast on Friday 6th March at The Entertainment Centre. Three very inspirational speakers entertained us and invited us to think about the plight of women in minority groups, the continuing inequality in income between men and women and how far we have come as a society because of brave and innovative women in our past.

The speakers were high profile, successful women in our society and are inspirations for their strength, intelligence and compassion for others. I am sure our students found the morning inspiring and are aware of how far women have come.

Ms Bulmer
Sports Day Report
On the 6th of March Findon High School held their annual Sports Day. Many students attended the day all dressed in their house colours. This year for the first time one point was awarded for attendance and another point for coming dressed in red, blue or yellow. It was a fairly cool day but everyone still competed in all of their events. All students had a fun and enjoyable time and competed in good spirits but as the end drew closer it became more serious. The day concluded with a presentation of gold, silver and bronze medals going to male and female students in all age groups. It was a surprise to hear that second place was only down by 3 points. Then the moment that everyone was waiting for… In third place we had Blight on 1790 points. In second place was Hoffmann on 1904 points and finishing in first place was Flynn on 1907 points. Overall it was another great Sports Day and we are looking forward to what 2016 holds. Well done Flynn!!

Ivy Lockett  824

Results

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<tbody>
<tr>
<td>1st</td>
<td>Flynn</td>
<td>1907</td>
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<tr>
<td>2nd</td>
<td>Hoffmann</td>
<td>1904</td>
</tr>
<tr>
<td>3rd</td>
<td>Blight</td>
<td>1790</td>
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Individual Medal Winners

**Boys**

- **Under 14 Gold**: Benjamin Fry (Hoffmann)
- **Silver**: Bailey Rudd (Hoffmann)
- **Bronze**: Issac Bourne (Flynn)

- **Under 15 Gold**: Jacob Holland (Blight)
- **Silver**: Ismail Ramadan (Flynn)
- **Bronze**: Kyle Budd (Flynn)

- **Under 16 Gold**: David Amini Parsa (Blight)
- **Silver**: Khaled Ramadan (Flynn)
- **Bronze**: Simar Singh (Hoffman)

- **Open Gold**: Ismail Egitemenoglu (Hoffmann)
- **Silver**: Riley Woods (Flynn)
- **Bronze**: Adrian Marshall (Hoffmann)

**Girls**

- **Under 14**: Ayse Egitemenoglu (Hoffmann)
- **Silver**: Caitlin Lucas (Hoffmann)
- **Bronze**: Fatema Mohtashami (Flynn)

- **Under 15**: Jami-Lee Lucas (Hoffmann)
- **Silver**: Shannon Durnell (Blight)
- **Bronze**: Rinta Isac (Blight)

- **Under 16**: Jasmin Christensen (Blight)
- **Silver**: Shaina Prodan (Flynn)
- **Bronze**: Alex Gorecki (Blight)
- **Open**: Amber Rudd (Hoffmann)

- **Open**: Kelsey Wurfel (Hoffmann)
- **Silver**: Sheena Eagles (Flynn)
- **Bronze**: Brittany May-Thomson (Flynn)

Finance News

There are still many families who have not contacted the school regarding payment of fees for this year. Those eligible for school card must apply each year. Fees for 2015 are $360 and are due by the 10th April (last day of term). Alternative payment plans can be made by contacting the finance office on 8445 7944.
OPEN NIGHT
Save this date!!
Findon High School will be holding its annual Open Night on Tuesday May 5, 2015 6:30pm. Come along and see what Findon High has to offer. View our exciting new Facilities Master Plan.

Communication Update
At Findon High School we strive to keep our parent/caregiver community as up to date as possible. With this in mind in 2015 we will be moving towards “Electronic Communication”. This means we will be forwarding updates, letters and communication via email where possible. To help us in this transition we ask that you advise us of or update your email address with the Front Office. In the interim you will still receive a paper copy as well as email. Thank you for your assistance in this transition period.

INNERWEST PARTNERSHIP “ANTHONY MUHAMMAD CONFERENCE”

The following is a snapshot of learning from those who attended:
“The idea that was a ‘light bulb’ moment was the ability to evaluate and move forward starts with acknowledging frustration and looking for solution(s) to move past this.” Ms Kiah Craig
“What an inspiration. The possibilities are endless!” Ms Kate Gow

“I was reminded that if students are provided with the right teaching and learning support, positive reinforcement about their gifts and if they undergo reflection around their strengths to inform decisions about their pathway, then lifelong learning and lifelong success will follow!” Ms Karla Huffa

“The workshop assisted me in gaining an insight into how we, as leaders, can both promote and foster a positive school culture that seeks to enhance student learning and success. Some of these strategies include coping and appropriately dealing with frustration, fostering a culture of ‘believers’ and challenging the fundamentalist mindset. What a valuable PD!” Ms Cheryl McGill

“TRANSFORMING SCHOOL CULTURE”
At Findon High School, we have a unique unit where students with physical disabilities but active minds are supported. We have a specially built area where there is space for learning in wheelchairs, lifters and specialised equipment to assist our students. Many of the students use different forms of communication eg. Communication books, iPads or devices with different software on them.

To help the students reach their potential, the Unit has four main characteristics it focuses on to assist our students cope with their difference in abilities. They are:

- **Conductive Education** – a physical program that gets our students mobile and using their bodies
- **Communication** – where we support students and their different communication methods
- **Integration** – where the unit students learn alongside their mainstream peers
- **Individualised learning** – where specific subjects are taught in the unit directly for each student’s individual development

We participate as much as we can in whatever is occurring in the mainstream school, eg sports day. We had 3 races where able students assisted our students to participate. We had a self-propelled race, where if our students have a powered chair, they can drive themselves, or if they can walk with assistance, they had to do this as well. The next race was where the Unit students had help racing.

The Variety Club hold events that are disability focused and last Tuesday was one of these events where students from the disability unit went to HQ for a disco. Our students loved this and participated with enthusiasm.

Cheryl McGill, Disability Unit Coordinator
Splash Carnival

On the 5th of February 2015 we participated in Findon’s Splash Carnival for the year 8s and 9s. This year everyone participated leaving the end scores close. Hoffman came in third place with the final score of 362. Finishing in a close second was Flynn with a score of 419 and finally Blight came in first place breaking the losing streak with a score of 453.

Both years participated in all events making the Splash Carnival entertaining. Some of the more popular events to participate in or watch were teachers vs. student’s drag race, The Amazing Race and the 25m freestyle relay. There were many novelty events as well as the classic swimming events such as freestyle and backstroke.

The day was a success and everyone enjoyed the day.

Shannon Durnell and Holly Zibell

2015 Splash Carnival

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<thead>
<tr>
<th>Champion</th>
<th>Blight</th>
<th>453 points</th>
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<tbody>
<tr>
<td>Runner Up</td>
<td>Flynn</td>
<td>419 points</td>
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<tr>
<td></td>
<td>Hoffman</td>
<td>362 points</td>
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SCHOOL DENTAL SERVICE
All babies, children and young people under 18 years are welcome to attend the School Dental Service. Dental care is FREE for most children.
SA Dental Service participates in the Child Dental Benefits Schedule. A small fee may apply for children who are not eligible for the Child Dental Benefits Schedule.

All dental care provided is FREE for preschool children.
To locate your local School Dental Clinic, or for more information about the Child Dental Benefits Schedule, please visit www.sadental.sa.gov.au

FINDON HIGH SCHOOL

Uniform Washing Instructions

Washing instructions for school garments for maroon and white
Colours should be washed separately eg. Do not wash white garments with maroon garments and visa versa, also wash in cold water
Warm water makes dyes move more quickly
To remove any excess dye you put a handful of salt in with the wash and it will remove any excess dye

FREE Community Fit Club
Every Friday @ 6:30pm
The Lakes Boatshed Cafe.
100 Military Road West Lakes Shores
All fitness levels and ages welcome!
Shape Up Western Suburbs
Accountability and results!
IT’S FUN! IT’S FREE!
Troy & Tess
SMS "BFIT"
0439395765

Absent from school?
Parents are advised that if their child will be absent or late for school for any reason, they are asked to contact the school by 9.30 am.
Phone: 8445 7944.

Student Records
To ensure that all student records are accurate and up to date, could you please ensure that the school is notified of any changes to address, phone number, emergency contact, etc.

child & adolescent
sleep clinic

Does your child have a sleep problem?

Does your child:
refuse to go to bed at night
have trouble falling asleep
wake up and cannot get back to sleep
have trouble waking up or getting out of bed in the morning
often sleep in their parents’ bed or bedroom or need a parent present to help them fall asleep
miss school or feel fatigued throughout the school day

The child & adolescent sleep clinic in the School of Psychology at Flinders University provides treatment for children & adolescents of all ages.

For more information please call 8201 7587 or email casc.enquiries@flinders.edu.au

www.facebook.com/cascsleep